



Koshiki Canada Cup 2018

Dear Shihan, Sensei and Sempai

We are pleased to invite you to join us for the third Canada Koshiki Cup to be held on October 27th in Mirabel. The goal of this tournament is to allow students of different dojo to meet and test their skills between themselves in a courteous and safe environment. There will also be a friendly competition between dojos based on a scoring system that will determine which school will win the Canada Koshiki Cup.

This year, the tournament will be organized in conjunction with the visit of Hanshi Masamitsu Kudaka, 8th dan, Chief Executive officer and President of the World Koshiki Karatedo Federation. Having won 10 World Championships titles, Hanshi Kudaka is the winningest Koshiki competitor ever. Seminars conducted by Hanshi Kudaka will be held prior and after the event. These seminars are open to all, details will be provided shortly. The promotion of Koshiki Karatedo having been instrumental in the development of the system, it will be important that members of Shorinjiryu and of Koshiki in the upcoming years to promote our sport in Canada. This tournament and seminar series will be a great opportunity for members of the Shorinjiryu family as well as other associations styles to meet in courteous and respectful atmosphere.

Participants will be able to compete in two events, Kata and Shiai. Categories will be determined based on age, level, weight and gender. The rules will be those of International Koshiki that were used in the last World Championship. Junior divisions will be governed by the rules specified by the WKKF for such divisions.

A map and instructions has been attached, along with accommodations at various hotels.

Please complete the registration forms before October 20th www.sanikukai.ca

Registration online will be available September 15 to October 20th

Hoping to see you on October 27th.

Canadian and Pan American Koshiki Karatedo Association.



Informations

Date : October 27th 2018

Place : Nouvelle école Mirabel

13000 rue Pierre-Perrin – Mirabel, Qc – J7N 0W6

Times : 8h00 to 8h45 Registrations

9h00 Beginning of the competition

Cost : 40\$ per participant

Write the checks to the order of : Association Canadienne et
Panaméricaine de Karatedo Koshiki

Discipline : Kata

Shiai

Registrations online www.sanikukai.ca between September 15th to October
20th

Brown or Black belt that want to referee need to registrar as referee

Deadline for confirmation is October 20th 2018



Directions

From Ontario

- Take AUT 417 EST, towards Montreal
- take AUT 40 EST (417 becomes AUT 40)
- Take exit (sortie) 60 towards AUT 13 Nord
- Take exit (sortie) 22-for aut 640 O
- Take exit (sortie) 14 toward 25e avenue and turn right on 25e avenue
- Turn right on Chemin Chicot Nord
- Turn left on rue St-Augustin and right on rue St-Jacques
- Turn left on Côte-des-Ange and right on Desvoyaux
- Turn right on Pierre-Perrin and the destination is on your right

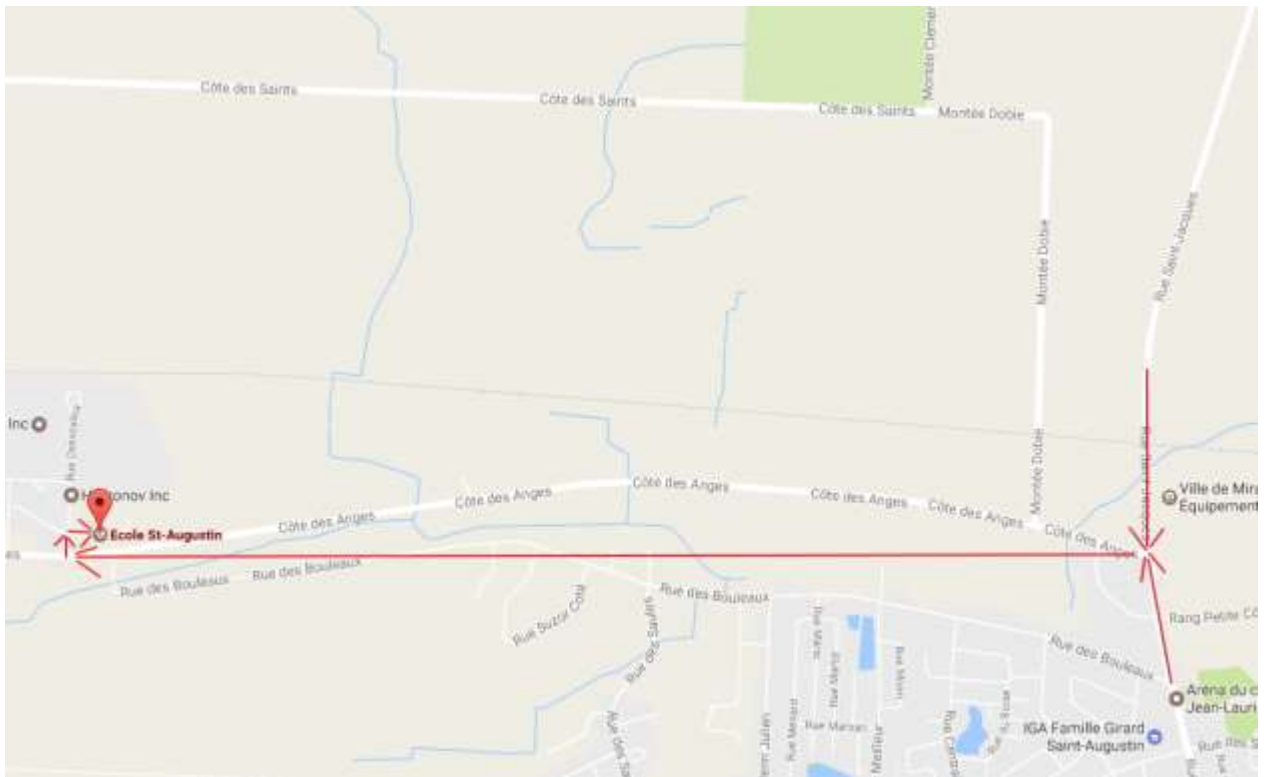
From Montreal

- Take exit (sortie) towards AUT 13 Nord
- Take exit (sortie) 22-for aut 640 O
- Take exit (sortie) 14 toward 25e avenue and turn right on 25e avenue
- Turn right on Chemin Chicot Nord
- Turn left on rue St-Augustin and right on rue St-Jacques
- Turn left on Côte-des-Ange and right on Desvoyaux
- Turn right on Pierre-Perrin and the destination is on your right



From St-Jerome

- Take AUT 15 sud toward Montreal
- Take exit (sortie) 31 for Mirabel/Ste-Monique
- Turn right at the second light on rue Charles
- At the end of the street, turn left on Ste-Henriette and right on St-Jacques
- Turn right on Côte-des-Ange and right on Desvoaux
- Turn right on Pierre-Perrin and the destination is on your right





Hotel

As information, I have attached a list of hotels in the vicinity of the competition. Hopefully this gives you an idea of the distance and price. Of course, feel free to make which ever accommodations you feel are necessary.

1. **Hotel days inn**

1136 boul. Labelle

Blainville, Qc, J7C3J4

450-430-8950

Approximately 100\$ a night, 5km from the competition (20 minutes)

2. **Hotel Super 8**

3 rue J.F. Kennedy

Saint-Jerome, Qc, J7Y\$B4

1-800-536-0719

Approximately 100\$ a night, 11km from the competition (25 minutes)

3. **Comfort Inn**

255-8 rue de Martigny W

Saint-Jerome, Qc, J7Y2G4

450-438-8000

Approximately 120\$ a night, 14km from the competition (24 minutes)



4. Best Western

420 Boul. Monseigneur Dubois

Saint-Jerome, Qc, J7Y3L8

450-438-1155

Approximately 140\$ a night, 14 km from the competition (24 minutes)

5. Impéria hotel et suites

570 rue Dubois

Saint-Eustache, Qc, J7P4W9

450-472-3336

Approximately 140\$ a night, 19km from the competition (18 minutes)



Rules

Kata :

There will be 3 judges for the colour categories (white to green) and 5 judges for brown and black belts

The point system will be that of the Internal model of WKKF (World Koshiki Karatedo Federation). The maximum allotted points will be 150 for the categories with 3 judges, and 250 for the categories with 5 judges

All participants will be judged on the same criteria

Shiai :

Hands and feet must not be covered. Certain protective equipment can be used under exceptional circumstance (medical reasons only). The only protected regions will be the face and body

Permitted protective equipment:

All equipment with the name Super Safe for the body (plastron) and face (protection)

All other equipment with equivalent Super Safe protection has to be approved by the organizer or the master referees (hanshi Kudaka or Hanshi Nadeau)

The athletic support (jock strap) is **obligatory** for all boys, it is your responsibility to bring one

Combat Surface:

The Shiaijo will be 9 metres by 9 metres. At the least, the shiaijo will be a surface covered in Tatami (therefore projections allowed). The shiaijo will be identified by letters

Referees:

Each combat will be supervised by a Chief Referee, 2 corner judges and a table referee.

Combat length

The time will be 2 minutes for those aged 13 and under, 2 minutes and 30 seconds for



those aged 14-17 and 3 minutes for adults and black belts.

• Points

The winner of each combat is determined by the number of wazaari (points) committed by each combatant

Punch = 1 wazaari

Ate, uchi technique (knee, elbow etc) = 1 wazaari

Kick = 2 wazaari

A point is accorded only if the technique attains the target (face guard or plastron) and is well executed, controlled and strong enough

Points are also achieved if the adversary turns his back while a controlled technique WITHOUT CONTACT is done in back of the head or on the opponents back

Penalties

A point or warning can be given to the adversary at each exiting of the combat area

A point or warning can be given to the adversary if he make a mistake (non controlled technique, contact on an un protected zone, gripping on to the equipment etc..). A participant can be disqualified if he commits multiple consecutive errors or following a grievous error.

No excessive contact to the head will be tolerate, resulting to a penalty or disqualification

Projections

Projections are ONLY permitted on combat areas with a tatami

Each projection must be followed by a hitting technique or at the least the attempt at conducting a hitting technique

Ippon (complete point)

If the participant is capable of doing a Ippon (complete point), he automatically wins his



combat. 3 ways of doing a Ippon:

1. A technique executed perfectly with enough strength, which forces the adversary to fall, destabilize (render him dizzy or out of breath) or makes it that the adversary abandons the fight. **No ippon of this type will be accorded to categories under 18 years old.**
2. A technique perfectly executed immediately after a sweep
3. 3 perfectly executed techniques without interruption without counter attack from the adversary

In case of a tie

In case of a tie at the end of the combat, the fight will have an additional minute added on. If there is a tie after the added minute, a finale minute of additional time will be added and the first of the two combatants to score a point (wazaari) will win the combat

Koshiki Canada Cup

The Koshiki Cup is a system of points based on the number of victories of each individual dojo.

1st place : 4 points

2nd place : 3 points

3rd place : 2 points

4th place : 1 point

The dojo with the most cumulative points (results of each student combined) will be awarded the Koshiki Canada Cup

